

# REVIEWS

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## Immunoglobulins and Their Use in Children

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A – research concept and design; B – collection and/or assembly of data; C – data analysis and interpretation;  
D – writing the article; E – critical revision of the article; F – final approval of article; G – other

### Abstract

Immunoglobulin preparations are one of the products of the human plasma fractionation, where the plasma is obtained, in accordance with WHO guidelines from at least 1,000 donors. These preparations contain all IgG subclasses with various antigen characteristics. In clinical practice these drugs are used as replacement therapy in patients with primary and secondary immunodeficiencies as well as immunomodulatory therapy in many autoimmune diseases and systemic inflammatory diseases. Here we present characteristics of i.v. polyvalent, human immunoglobulin preparations available on the Polish market and the possibilities of their use in clinical practice, in children with hematological diseases. Considering the very low consumption of immunoglobulin preparations in our country as compared to other European countries, we would like to draw the attention of medical professionals, especially pediatricians and haematologists, to the benefits that stem from the use of these drugs in the therapy of children with haematological diseases. Our work will also facilitate the choice of an optimal polyvalent human immunoglobulin preparation for a particular patient (*Adv Clin Exp Med* 2015, 24, 1, 153–159).

**Key words:** i.v. immunoglobulin preparations, immune thrombocytopenic purpura, children.

Immunoglobulin preparations are one of the products of human plasma fractionation. These drugs are concentrates of all IgG subclasses. In accordance with WHO guidelines, the plasma used for the production of immunoglobulins should be obtained from at least 1,000 donors. This ensures a variety of antibodies in the final product, providing its clinical universality [1]. In clinical practice, intravenous human immunoglobulin preparations (IVIg) are mostly used as replacement therapy in patients with primary and secondary immunodeficiencies, such as congenital hypo- and agammaglobulinaemia, Common Variable Immunodeficiency (CVID), severe combined immunodeficiency, Wiskott-Aldrich syndrome, recurrent infections in patients with AIDS or severe infections. IVIg are also very useful in haematology, especially paediatric haematology, neurology and rheumatology.

### Aim

As there are so many different iv immunoglobulin preparations on the market, we have decided to present their characteristics and clinical use. We would also like to point out the differences in the manufacturing process which, by influencing physico-chemical end-parameters of particular products, may affect therapeutic efficacy within this, only apparently homogenous, group of drugs.

### Manufacturing of iv Immunoglobulin Preparations

As we have already pointed out, immunoglobulins are one of the products of human plasma fractionation. Industrially there are two similar methods used in human plasma fractionation:

the Cohn-Onclay fractionation process, the Kistler-Nitschmann method.

During fractionation plasma is submitted to sequential precipitation and split into fractions using variable concentrations of ethyl alcohol, pH, temperature and ion exchangers [2, 3]. Out of each fraction, after discarding impurities, valuable medications are produced: albumins, clotting factors and, of course, immunoglobulins. An exemplary Cohn-Onclay fractionation process is presented on graph 1 [4]:

The Kistler-Nitschmann method is similar. It is quicker (one less incubation in alcohol) but does not lead to IgA elimination. That is why, during further immunoglobulin processing, it is necessary to use chromatography to isolate this fraction. Final, ready-to-use IgG should contain no less than 90% protein, without considering additional proteins used e.g. to stabilize the final product [5].

## Techniques Used to Protect Immunoglobulins from Pathogens

The process of immunoglobulin manufacturing may sometimes raise doubts regarding the safety of these types of products, especially because

of the risk of transmitting potential infectious particles or prion infections [6–8]. Analyzing the data in literature, these reservations seem totally unfounded. Statistical data confirms that immunoglobulins available today are safe. In this class of drugs there have been no reports of the transmission of blood-borne infections for over 30 years.

An unquestionable influence on the development of safety procedures in blood derivatives, including iv immunoglobulins, was the discovery of infections in haemophilia patients who were taking clotting factor at the beginning of the 1980s. Insufficient safety procedures led to HIV infections in many of these patients. An ‘HIV epidemic’ in the haemophiliac population gave an impulse for the production of recombinant clotting factors and for inventing new procedures ensuring the safety of plasma derivatives [9].

The safety of IVIG is guaranteed by a continuous technological progress [10] – refining methods of inactivation of both encapsulated and non-encapsulated pathogens, elimination of pathological PrP<sup>Sc</sup> prions and new filtration methods [11]. These can also eliminate such ‘emerging pathogens’ as the West Nile virus, Ebola or avian flu, as well as of non-encapsulated viruses and prions [12–15].

It has to be stressed that all iv immunoglobulin preparations available on the Polish market exceed the requirements regarding pathogen

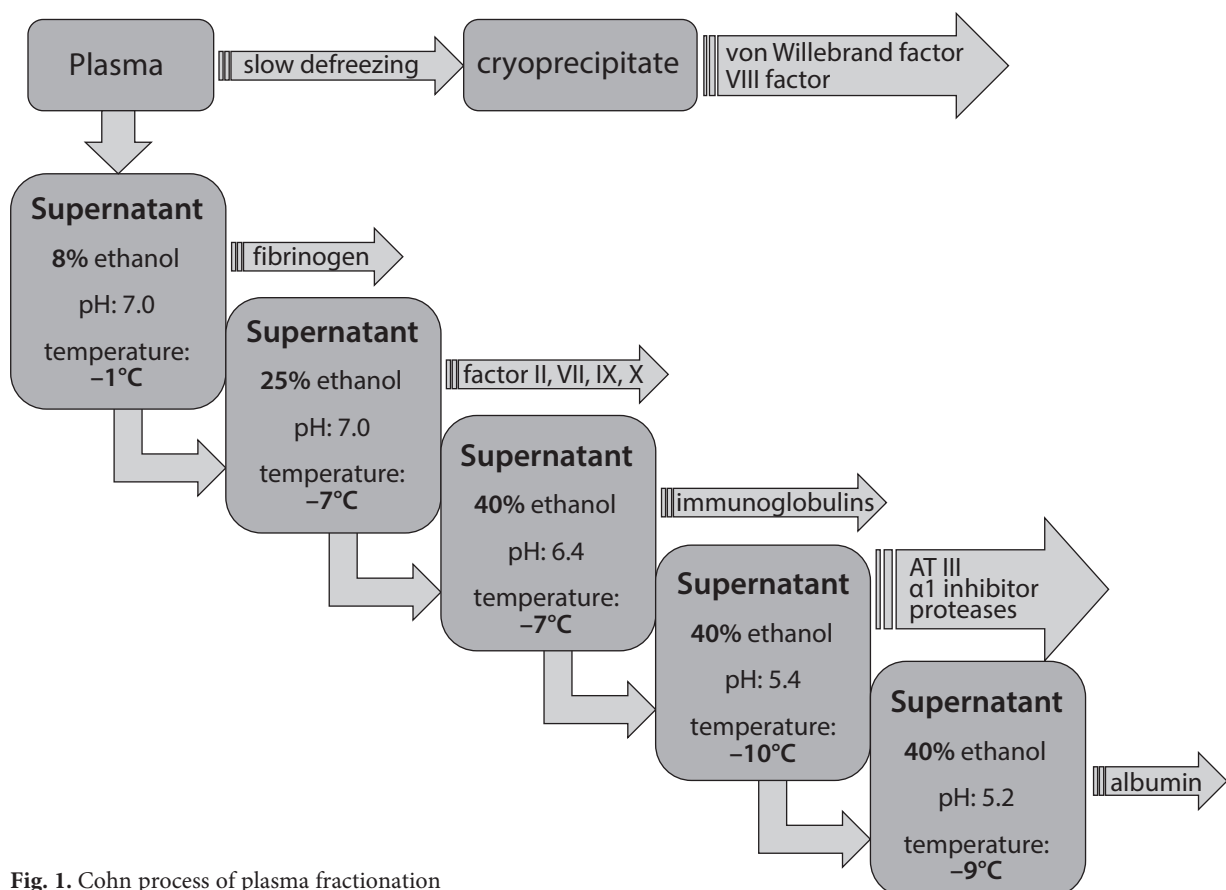


Fig. 1. Cohn process of plasma fractionation

reduction. On average the margin is  $> 10 \log(10)$  to  $> 25 \log(10)$  and this best illustrates the safety of these products.

All requirements regarding quality standards that should be fulfilled in the production of immunoglobulins are strictly supervised in a specialized agenda by the European Medicines Agency (EMA) [16, 17]. Plasma used for manufacturing plasma derivatives has to fulfil the requirements of the Plasma Master File (PMF) regarding:

- selection of plasma donors and methods of investigation
- the presentation of scientific data regarding pathogen inactivation procedures used
- the effect of technological changes introduced for the safety of plasma derivatives
- the quality and efficacy of plasma derivatives or drugs containing plasma components

The Plasma Master File has to be regularly renewed [18].

## Biochemical Characteristics of Immunoglobulins and Their Potential Effect on Therapy

As stressed above, although intravenous immunoglobulins seem to be a homogenous group of drugs, the differences in the fractionation, purification and confectioning processes, and above all, in the plasma used for production, significantly affect the properties of end-products. That is why different immunoglobulin preparations used to treat the same disease in a particular patient may be differently tolerated and cause different adverse effects.

## Pharmaceutical Form and Concentration

A few years ago, the world markets were dominated by 5% IVIG solutions or – what was very popular in Poland – 3% and 6% lyophilized immunoglobulins. At present the Polish market is dominated by 10% concentrates of ivIgG (such as Kiovig, Privigen, Octagam, Flebogamma, Intract). Most of them can be transfused at a higher rate (expressed in mL/kg bw per h) than 5% solutions. Shorter infusion time has measurable benefits stemming from the shortening of hospitalization time, which is particularly important in children.

## Stabilizers

Preserving immunoglobulin G in its native form is a challenge for every manufacturer. It is one of the reasons for adding external substances to prevent the drug from aggregation. Most often sugars or amino-acids are used as stabilizers. Sadly, there are no stabilizers that are not potentially linked with adverse effects. One of the most serious complications after immunoglobulin treatment is the risk of kidney failure linked with the presence of sucrose in some of the IgG [19, 20].

Depending on the substance added as a stabilizer, we may expect particular adverse effects enumerated in Table 1.

**Table 1.** Stabilizers and their most frequent adverse effects

Stabilizer	Most frequent adverse effects
Glycine	nausea, vomiting, excessive sweating, headache, fever
Maltose	blood glucose monitoring systems falsely recognize maltose as glucose, distorting glucose readings
L-proline	proline-containing IgG are contraindicated in patients with hyperprolinemia
Sucrose	kidney damage
Sorbitol	sorbitol-containing IgG should not be used in diabetics and patients with fructose intolerance (fructose is one of sorbitol's metabolites)

## IgA Content and the Risk of an Anaphylactic Reaction

For years the content of type A immunoglobulin in the i.v. immunoglobulin preparations has been synonymous with potential risk of anaphylactic reactions. That is why all immunoglobulin manufacturers strive for decreasing IgA content in the final product.

Thirty years ago intravenous immunoglobulin preparations with increased IgA content were popular and used to treat viral infections. Studies conducted at that time showed no sign of specific anti-IgA antibodies in the sera of patients undergoing such therapy. No cases of anaphylactic reactions were reported [21]. Anaphylactic reactions after the administration of immunoglobulins rarely resulted in a lack of recommendation for routine screening of patients for the presence of anti-IgA antigens before IVIG administration [22]. It seems

that the administration of intravenous IgG is safe, even in patients with IgA deficiencies [23].

Another way to reduce the risk of anaphylactic reactions, apart from reducing IgA content, is to modify an immunoglobulin preparation in such a way as to make it suitable for subcutaneous delivery. After administering subcutaneous IgG preparations, inconsiderable resorption into the circulation and a long release time leads to a smaller release of inflammatory mediators [24]. Moreover, this route of administration is safe even in patients with confirmed anti-IgA antibodies [25, 26].

Table 2 shows the characteristics of several immunoglobulin preparations presently available in Poland. We have presented only some of the features, those that in our opinion are most important when choosing the best preparation for a particular patient.

## Immunoglobulin Mechanism of Action and Clinical Use

The mechanism of immunoglobulin effect on the immune system is varied and still remains a topic of research. Suggested regulatory mechanisms of immunoglobulin action include:

- stimulating production of some of the cytokines and their antagonists [27–30];
- stimulating B & T lymphocyte apoptosis by activating Fas receptors [28, 31];
- inhibiting differentiation and maturation of dendritic cells [32];
- increasing catabolism of IgG [28, 29];
- modulating expression and function of an Fc fragment through FcγR receptors [29, 30, 33];
- blocking the binding of T lymphocytes with superantigens [34]

A modulatory factor for immunoglobulins in the immune system is widely used in therapy, especially in the treatment of autoimmune and inflammatory diseases. The following blood disorders are significant: immune thrombocytopenic purpura (ITP), autoimmune haemolytic anemia (AIHA) and pure red cell aplasia (PRCA).

The fact that human immunoglobulin intravenous preparations are safe, have few adverse effects and are usually well tolerated makes them particularly suitable for use in children with autoimmune cytopenias. These preparations have an important role in therapy, especially in the treatment of newborns and babies.

Thus, IVIG are clearly among the best clinically tested drugs in one of the most frequently

diagnosed childhood diatheses – the immune thrombocytopenic purpura (ITP) [35–38]. Here the mechanism of action is based mainly on Fc phagocyte receptor saturation and neutralization of anti-platelet antibodies by anti-idiotypic antibodies. Some data suggests that TGFβ present in the human IVIG solutions affects the auto-aggression process, and that there are anti-cytokine antibodies against interleukin-1 (IL-1) and interleukin-6 (IL-6) (essential for the production of anti-platelet antibodies). The therapeutic efficacy of immunoglobulin preparations in children with ITP is indubitable and the treatment response is similar to that achieved with corticosteroids, with shorter treatment duration [39]. Typical dosing regimen for IgG consist of a dose of 0.4 g/kg/d for 5 days or of a dose of 1 g/kg for 2 days [40]. According to some authors, a shorter time of administration and larger doses of IgG result in faster increase in platelet number, even within 24 h.

IVIG are also the drug of choice in fetal and neonatal alloimmune thrombocytopenia. This disease develops when the mother produces antibodies against platelet antigen (most frequently the HPA-1a) inherited by the child from the father. Here IVIG act similarly as in the immune thrombocytopenic purpura (ITP). They should be given to the mother weekly in large doses – on average 1 g/kg body weight, and to the child in case his/her platelet count falls below 50,000.

The varied mechanism of action presented above also allows paediatric haematologists to use IVIG in the treatment of an autoimmune haemolytic anaemia or a haemolytic disease of the newborn (HDN).

In patients with parvovirus B19-induced pure red cell aplasia (PRCA), immunoglobulins are used as a source of antibodies against parvovirus B19 and given as a single dose of 0.4 g IgG/kg every 28 days [41].

Immunoglobulins are also used to treat acquired haemophilia A. This is a severe diathesis induced by autoantibodies against factor VIII. The disease strikes mainly later in life; however, single cases have been reported in children as well. In about 50% of patients the disease is considered idiopathic; in the rest a concomitant disease is discovered at diagnosis, most often – a neoplasm (12.5%), rheumatoid arthritis (14.6%), SLE (10.4%) or other autoimmune disorders (8.3%). A factor VIII inhibitor may also develop in pregnant and puerperal women (7–13.5% of patients), especially in the first three months after birth. For the treatment of acquired haemophilia A IVIG is used in standard doses: 0.3–0.4 g/kg b.w./d for 5 days or 1–2 g/kg b.w./d for 2–5 days [42–45].

Table 2. Overview of selected immunoglobulin preparations

Company	CSL Behring	Octapharma	Grifols	Kedrion	Baxter	Biotest			Octapharma	Biotest	Grifols	Baxter	CSL Behring
Product	Sandoglobulin P	Octagam	Flebogamma Dif	Ig Vena	Gamma-gard S/D	Intratect	Intraglobin F	Pentaglobin	Octagam	Intratect	Flebogamma Dif	Kiovig	Privigen
Concentrator	3-12%	5%	5%	5%	5%	5%	5%	5%	10%	10%	10%	10%	10%
Form	lyophilizate	solution	solution	solution	lyophilizate	solution	solution	solution	solution	solution	solution	solution	solution
IgG%	≥ 96	≥ 95	≥ 97	≥ 95	≥ 90	≥ 96	≥ 95	≥ 95	≥ 95	≥ 96	≥ 97	≥ 98	≥ 98
IgG1%	57.70%	60%	66.60%	62.10%	> 56.9%	57%	62%	63%	60%	57%	66.60%	> 56.9%	67.80%
IgG2%	35.10%	32%	28.50%	34.80%	> 16%	37%	34%	26%	32%	37%	27.90%	> 26.6%	28.70%
IgG3%	3.10%	7%	2.70%	2.50%	> 3.3%	3%	0.50%	4%	7%	3%	3.00%	> 3.4%	2.30%
IgG4%	4.10%	1%	2.20%	0.60%	> 0.3%	3%	3.50%	7%	1%	3%	2.50%	> 1.7%	1.20%
IgA	≤ 40 mg/g	≤ 0.2 mg/mL	≤ 0.05 mg/mL	50 µg/mL	≤ 0.3 µg/mL	≤ 2 mg/mL	2.5 mg	6 mg	≤ 0.4 mg/mL	< 1800 µg/mL	≤ 100 µg/mL	≤ 0.14 µg/mL	≤ 0.25 µg/mL
IgM								6 mg/mL	≤ 0.3 mg/mL			< 10 µg/mL	
Specific indications	myasthenia; CIDP; sepsis			CIDP				sepsis				MMN	CIDP
Sodium content	present (NaCl)	none	< 3.2 mmol/l	3 mmol/l	present (NaCl)	none	present (NaCl)		none	none	< 3.2 mmol/l	none	none
Stabilizer	sucrose	maltose	d-sorbitol	maltose	human albumin	glycine	glucose	glucose	maltose	glycine	d-sorbitol	glycine	L-proline
Max. infusion rate	2.5 mL/min	5 mL/kg m.c./h	6 mL/kg m.c./h	1.85 mL/kg m.c./h	4 mL/kg m.c./h	1.9 mL/kg m.c./h	1.9 mL/kg m.c./h	1.7 mL/kg m.c./h	7.2 mL/kg m.c./h	1.9 mL/kg m.c./h	4.8 mL/kg m.c./h	6 mL/kg m.c./h	4.8 mL/kg m.c./h
Shelf life	3 years	2 years	2 years	For doses of: 1 g: 2.5 g; 10 g 2-8°C - 2 yrs for a dose of 5 g 2-8°C - 3 yrs	2 years	2 years	2 yrs in the fridge (2-8°C)	2 yrs in the fridge (2-8°C)	2 yrs in the fridge (2-8°C) 3 mths at room temp.	2 yrs at room temp.	2 years	2 yrs in the fridge (2-8°C) 1 yrs at room temp.	3 yrs at room temp.
Package size (in grams)	3 g 100 mL 6 g 250 mL	2.5 g 50 mL 5 g 100 mL 10 g 200 mL	0.5 g 10 mL 2.5 g 50 mL 5 g 100 mL 10 g 200 mL	1 g 20 mL 2.5 g 50 mL 5 g 100 mL 10 g 200 mL	0.5 g 10 mL 2.5 g 50 mL 5 g 100 mL 10 g 200 mL	1 g 20 mL 2.5 g 50 mL 5 g 100 mL 10 g 200 mL	0.5 g 10 mL 1 g 20 mL 2.5 g 50 mL 5 g 100 mL 10 g 200 mL	0.5 g 10 mL 2.5 g 50 mL 50 mL 5 g 100 mL	2 g 20 mL 5 g 50 mL 10 g 100 mL 20 g 200 mL	1 g 20 mL 5 g 50 mL 10 g 100 mL 20 g 200 mL	5 g 50 mL 10 g 100 mL 20 g 200 mL	1 g 10 mL 2.5 g 25 mL 5 g 50 mL 10 g 100 mL 20 g 200 mL 30 g 300 mL	2.5 g 25 mL 5 g 50 mL 10 g 100 mL 20 g 200 mL



## Conclusion

Years of clinical practice allow us to conclude that intravenous immunoglobulin preparations are important in therapy of many diseases, including autoimmune blood disorders. High clinical efficacy on the one hand and relatively low incidence of adverse effects on the other make them particularly recommendable for patients in the youngest groups. It seems though that despite their qualities, IVIG are not sufficiently used in Poland. Statistics show that their use in our country is very low: only 12 g per 1000 inhabitants [46], while the average

for Europe is 77 g per 1000 inhabitants and in the U.S. – as high as 144 g IgG per 1000 inhabitants! Additionally, according to National Health Found requirements, IVIGs should be used only in few indications described in each IVIG product characteristic (SPC). Worldwide use of IVIG is according to EBM (Evidence Based Medicine).

We hope that the short review of immunoglobulin preparations presented here will show doctors, especially paediatricians and pediatric haematologists, the benefits of using these drugs in the therapy of children with hematological diseases and will help them to choose a suitable preparation.

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