

# REVIEWS

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ANNA M. PARADOWSKA-STOLARZ

## Wolf-Hirschhorn Syndrome (WHS) – Literature Review on the Features of the Syndrome

Department of Dentofacial Anomalies, Department of Orthodontics, Wrocław Medical University, Poland

### Abstract

Wolf-Hirschhorn syndrome (WHS) is a congenital disorder associated with 4 chromosome microdeletion. The patients suffer from various deformities. Among them, mental and growth retardation, even in the fetus, are observed. Most of the characteristics concern facial features. The “Greek warrior helmet appearance” is the most characteristic feature and refers to the facial view with prominent glabella, high arched eyebrow, broad nasal bridge and hypertelorism. Another characteristic feature is microcephalia with micrognathia. The features are more pronounced in infants. Clefts of lip and/or palate are observed in almost half of the cases. The characteristic thing is that the more genetic material is missing, the more pronounced are the dimorphic features of the syndrome. Mostly, the dental status does not differ much from that of the healthy individuals. It had been proven though that WHS-patients are more prone to anomalies in dental structures. Cone-shaped and taurodontic teeth were observed. Multiple tooth agenesis (mainly at premolars and molars) with over-retained deciduous dentition might be associated with *MSX1*-gene impairment (*Adv Clin Exp Med* 2014, 23, 3, 485–489).

**Key words:** 4p16.3 deletion syndrome, Wolf-Hirschhorn syndrome, *MSX1* mutation, facial features.

Wolf-Hirschhorn syndrome (WHS) is a congenital disorder caused by microdeletion of the short arm of chromosome 4 (del 4p16.3) encoding *MSX1* gene. The critical region for WHS is confined as 165 kb. The sequence of syndromes was first described by Hirschhorn and Cooper in 1961. The first description applied to an individual with a disturbed midline fusion resulting from a deletion of the short arm of the group B chromosome. The genetics were not well developed at that moment, so no sooner than when Lejeune et al. described the *cri du chat* syndrome as a partial deletion of chromosome 5, that it turned out the patient described by Hirschhorn and Cooper was characterized with other symptoms [1–5]. The vast majority of cases are caused by a deletion of 4p16.3 regio, especially among Wolf-Hirschhorn candidate genes or, so called, critical regions (*WHSC1* and *WHSC2*) [1, 3, 6]. Small deletions are easier to diagnose than distal deletions [1]. Ca. 85% of cases are caused by *de novo* deletion, while the rest is caused by an unbalanced translocation within the 4p16 chromosome. The majority of cases concern a “pure” deletion of a part of the short arm of chromosome 4, the rest of them are caused by a deformity within the chromosomal structure (ring

chromosome, mosaicism or translocation) [4, 7]. The rest of the cases are inherited with a translocation within the chromosome [8]. Rarely, a duplication of 4p16 is observed [5].

Lately, it had been shown that the *WHSC1* gene localizes to sites of DNA damage and replication stress and is required to inhibit the DNA damage. *WHSC1* is responsible for the regulation of methylation of histone H4 K20 residue, which is required for the junction of 53BP1 to sites of DNA damage. This leads to the thesis that Wolf-Hirschhorn syndrome might be the cause of DNA damage response (DDR) [6]. The importance of DDR is observed in the fact that the DNA repair impairment may lead to developmental defects, immunodeficiency, neurological problems and cancer [9, 10]. *WHSC1* mutation most likely does not directly lead to the response in DNA damage, but prologues the required genetic response. Moreover, the *WHSC1* is required for recruitment or retention of p53-binding protein 1 (53BP1) at DNA damage site. The recruitment is not fully understood yet, aside from the fact that *WHSC1* plays a crucial role in DNA damage response, and is therefore involved in human development and neuronal homeostasis. Its deletion leads to increased levels of DNA damage [6].

The t(4;14)(p16.3;q32.3) chromosomal translocation (that also targets *WHSC1* gene) results in the overproduction of WHSC1 protein in myelomas [6].

Birth incidence is stated at least 1 : 50,000 births and might be higher due to diagnostic difficulties. It occurs two times more frequently in females [11–13]. The more chromosomal material is missing, the larger expression of WHS is observed in patients [7]. The WHS is also known as chromosome deletion Dillan 4p syndrome [11].

Beside the Wolf-Hirschhorn syndrome, *MSX1* gene is known from its most common mutation that is found to be (next to *PAX9* gene) one of the most frequent causes of congenitally missing teeth (most frequently lateral upper incisors) and cleft deformities. The mutation in those cases usually refers to 4p16.1 locus [14–16].

## Congenital Defects

Hypospadias, congenital heart diseases, renal and ophthalmic defects (such as iris coloboma, microphthalmia, strabismus – crossed eyes) and skeletal anomalies (concerning limbs and skeletal development retardation) are often observed in patients with WHS. A typical deformity is a sacral dimple – a dimple on the lower part of spine. Hernia diaphragmatica and omphalocele are also observed. A typical complication is epilepsy [1, 4]. Mental retardation is also one of the characteristics [2].

Children with WHS present growth and developmental retardation, but also high mortality (ca. 30%) in first two years of life. The most

common causes of death were: lower respiratory tract infection, multiple congenital anomalies, sudden unexplained death and congenital heart disease. Death occurs more frequently in patients with larger deletions. It had been proven that the larger deletion, the more severe congenital deformities one presents [1, 12, 17]. The other congenital defects include muscle hypotonia and urinary tract malformations (such as renal agenesis, oligomeganephronia, bladder exstrophy, cystic dysplasia/hypoplasia and obstructive uropathy) [18].

Respiratory infections (including aspiration pneumonia, otitis media, sinusitis or chronic cough) are very common finding in patients with WHS. This is caused by the muscular hypotonia, gastroesophageal reflux and recurrent aspiration [8]. Hypotonia may also result in swallowing difficulties and other gastrointestinal disorders (including hepatic adenomas) [19].

Children also suffer from immunodeficiency (including IgA and IgG2 subclass deficiency with a normal T-cell immunity). This manifests itself with common variable immunodeficiency (CVID) and hypogammaglobulinemia. This suggests that patients with WHS represent mutations within the B-cell (CD19) system gene [6, 8].

The most common symptoms observed in WHS are summarized in Table 1.

## Facial and Dental Features

Characteristic facial features in patients with WHS are prominent glabella, high arched eyebrows and hypertelorism. Scalp defects and cranial

**Table 1.** Characteristic features in Wolf-Hirschhorn Syndrome

Branch of medicine	Symptoms
Otolaryngology	dysplastic ears, periauricular tags, deafness (cochlear), infections of respiratory tract, recurrent otitis, protruded eyes
Ophthalmology	ocular hypertelorism, extropia, blepharoptosis, colobomata of the iris, microphthalmia, strabismus
Gastroenterology	swallowing difficulties, gastroesophageal reflux, hepatic adenomas
Cardiology	congenital heart defects
Orofacial Surgery & Dentistry	microcephaly, micrognathia, “Greek warrior helmet” appearance (broad bridge of nose), short philtrum, prominent glabella, high arched eyebrows, retardation in dental development, cranial asymmetry, cleft lip and/or palate, high forehead, wide mouth with short upper lip, cone-shaped teeth, hypodontia
Dermatology	epicanthal folds
Neurology	seizures, epilepsy, mental retardation, muscular hypotonia
Others	growth retardation, hypospadias, renal anomalies (renal agenesis, bladder exstrophy etc.), immunodeficiency (IgG, IgA), retardation of skeletal development, “sacral dimple”, scoliosis, high mortality, scalp defects

asymmetry are also observed, as well as a broad nasal bridge and a short philtrum. The maxilla is often underdeveloped (characteristic micrognathia) and may be associated with cleft lip and/or palate [1]. Other characteristic craniofacial features are high forehead, protruding eyes and epicanthal folds. The mouth is distinct and wide with downturned corners and short upper lip. The whole craniofacial complex takes a characteristic look called "Greek warrior helmet" [20, 21]. "Greek warrior helmet appearance" refers mainly to the broad bridge of the nose, which continues to the forehead and microcephaly with high forehead. The nose is coracoid. Those characteristics are more pronounced during infancy [22, 23]. Cleft defects are observed in almost half of the cases [24]. Patients also suffer from ear deformations and cochlear hearing loss [25].

In most of the cases, the dental status does not differ from that of the rest of society. The inflammation within periodontium might be caused by improper oral hygiene due to the mental retardation of the individuals. Dellavia et al. [26] reported that a patient had cone-shaped teeth only in one case, while all other patients presented normal tooth shape and seizure. Due to the *MSX1* anomalies in this syndrome, multiple tooth agenesis concerning mainly premolars and molars (including oligodontia) had been reported. Due to the lack of tooth buds, over-retained primary teeth are observed. Among various tooth anomalies, also taurodontism had been reported [27–29]. Another characteristic might be late dental development, which is specified as delayed tooth eruption and slower maturation expressed in dental age [30]. There had been observations of taurodontism, which is a dental trait, in which the dental pulp chambers are elongated and the bifurcation or trifurcation is displaced to the dental root apex. This also may influence dental eruption retardation with more difficulties due to larger tooth dimensions [31].

## Differential Diagnosis

The initial diagnosis is given based on facial features after the birth. Some suggestions of WHS might occur with the observation of developmental retardation [22]. The final diagnosis is stated on the basis of a genetic examination. In WHS it is difficult, as gene(s) defect(s) in this case are unknown. There are some candidate genes. Among them the most commonly named are *WHSC1*, *WHSC2* and fibroblast growth factor receptor 3 – *FGFR 3* [32]. The only confined critical region is 165 kb. Several microdeletions (such as Rubinstein-Taybi syndrome with

deletion of 16p13.3 or Smith-Magenis syndrome with deletion of 17p11.2) should be excluded [4].

Most of the problems of differential diagnosis concern the Pitt-Rogers-Danks syndrome. The syndrome is caused by microdeletions in locus 4p16.3 and might be a clinical variation of WHS. In some cases the names are used interchangeably [24] while other authors argue whether they are the same clinical entities [33]. The symptoms of those two are almost the same, but in Pitt-Rogers-Danks syndrome they have a milder expression [24].

Other similar anomaly might be the Opitz G/BBB syndrome, which is also a midline malformation syndrome. The characteristics are hypertelorism, hypospadias, clefts, developmental delay, cardiac defects as well as laryngotracheoesophageal abnormalities and an imperforate anus. In this case a differential diagnosis includes genetic examination – Opitz G/BBB syndrome is associated with *MID1* mutation within the X-linked form, but unfortunately, the genes responsible for an autosomally dominant form had not been identified yet [34].

The skeletal anomalies, limited fetal growth, as well as hypospadias in males can be observed in the fetus during an ultrasound examination performed in the third trimester, and can be confirmed by a genetic examination during the pregnancy [35]. The more chromosomal material is missing, the easier it is to state the diagnosis, as a more severe syndrome is observed [7]. The prenatal diagnosis can be very difficult. Observation of prefrontal edema and other facial anomalies in fetus associated with growth retardation (even a borderline) should alert a gynecologist to investigate the 4p- deletion [22].

## Conclusions

Wolf-Hirschhorn syndrome is a rare congenital defect, in which the deletion of part of short arm of chromosome 4 (especially *MSX1* gene) takes place. The diagnosis is difficult and due to a large diversity of expression of syndrome, some of the cases might be missing. To detect the anomaly FISH method of genotype screening is used.

*MSX1* takes most of its expression in mesenchyme and its mutations are involved in changes in ectodermal and mesodermal structures. The mutations within the *MSX1* gene are not a rare aspect and result in hipodontia (congenital lack of tooth buds) and cleft deformities. It is also involved in WHS, Witkop syndrome and Pierre Robin syndromes, though mutations might be present in other congenital deformities and may accompany them. Therefore, the gene might be interesting for further studies [8, 36–38].

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### Address for correspondence

Anna M. Paradowska-Stolarz  
Department of Dentofacial Anomalies  
Department of Orthodontics  
Wrocław Medical University  
Krakowska 26  
50-425 Wrocław  
Poland  
E-mail: anna.paradowska-stolarz@umed.wroc.pl

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